

Family and Parent Group Trainings

Demystifying the IEP Process

This session offers parents and caregivers a clear, supportive introduction to the special education process, including how evaluations work, what an IEP (Individualized Education Program) includes, and the role families play in educational planning. Presented in a practical, non-adversarial way, the session empowers parents with knowledge of their rights while emphasizing collaboration, communication, and shared problem-solving with the school team. Designed to build trust and transparency, the session aims to strengthen partnerships between families and educators for the benefit of all students.

Demystifying the IEP Process

This parent workshop introduces the importance of inclusion for students with disabilities, highlighting how it leads to stronger academic, social, and long-term outcomes for all learners. Families learn what inclusion looks like in practice—such as access to the general education curriculum with appropriate supports, participation in classroom and school activities, and the use of accommodations and services. The session also emphasizes the power of partnership, offering practical tips for working collaboratively with schools to create supportive, inclusive environments where every child can thrive.

Any of the sessions we offer for educators can be tailored for a parent audience.



“I wanted to express my appreciation again for your inspiring presentation this evening. Your years of research, your depth of understanding on UDL and your ability to present these concepts parents and teachers face in such an interesting way produced one of the most memorable conversations in our SEAC programs.”

- Parent Attendee, Connecticut

So Your Child Is Going to Kindergarten...

Starting kindergarten is a big milestone—for children and their families. This session helps parents of children with disabilities feel informed and confident as they navigate the transition from early intervention or preschool to school-age services. We'll walk through what to expect during the kindergarten transition process, explain timelines, and review options available to families and school teams when creating or updating an Individualized Education Program (IEP)—helping families understand how to work with their child's school to ensure a smooth and positive start to their educational journey.